

PROBLEM-SOLVING WORKSHEET

This worksheet will help guide you through the problem-solving process. Work through each step of the IDEAL method to help identify a solution, act on your selected solution and then reflect on the outcome. Below are the steps to the IDEAL method.

IDEAL Method

- I Identify the Problem
- D Define and Represent the Problem
- E Explore Possible Strategies or Solutions
- A Act on a Selected Strategy or Solution
- S Reflect and Evaluate the Selected Solution

I

Identify the Problem

D

Define and Represent the Problem

E

Explore Possible Strategies or Solutions

A

Act on a Selected Strategy or Solution

L

Look Back, Reflect and Evaluate the Selected Solution